# **NEWS FROM BEHIND**

# THE SHELVES



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## OCTOBER 10TH-17TH MENTAL HEALTH WEEK

This year's theme is

Strengthening Our Community - Live, Learn, Work, Play

Exmouth Public Library is a welcoming place. We are recognised for being a safe space for all members of the community. Come on in and say hello,. We have wonderful mental health resources. If we don't have what you are looking for, we will do our best to source it for you.

#### **EXMOUTH SERVICE PROVIDERS**

Exmouth Health Service: 9949 3666

Cenacare Family Support Services - Counselling: 9949 2225

Exmouth Anglican Church-Pastoral Care: 9949 1694 Exmouth Christian Fellowship-Pastoral Care: 9949 1911 St Johns Catholic Church-Pastoral Care: 9949 1007

# **VISITING SERVICE PROVIDERS**

CAMHS- Child Adolescent Mental Health Service 9941 6600 CAODS- Community Alcohol and Other Drug Service 9941 0545

#### **NATIONAL SERVICES**

CLICK ON THE LINKS BELOW OR CALL







1300 22 4636



13 11 44

libraryassist@exmouth.wa.gov.au

PH: 9949 3056





# ★ CHILDREN'S WEEK 2020: ★ 24TH OCTOBER - 1ST NOVEMBER



The Library is celebrating Children's Week by hosting a special storytime at 9:30am on Tuesday 27th October in the Mandu Mandu West Room at the Ningaloo Centre.

Join us for some songs, rhymes, a story, craft and a few games. Bring a Teddy to help in the fun.

Online bookings are preferred for this event at: https://www.trybooking.com/BLSYH

Storytime in the library will recommence after the school holidays 9:30am Tuesday 13 October 2020
Suitable for 0-4 years
Places limited

Call the library to secure your spot



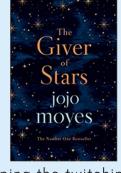
# Book Review



JOJO MOYES

#### THE GIVER OF STARS

Inspired by a remarkable true story, the unforgettable journey of five extraordinary women living in extraordinary and perilous times. Alice Wright has travelled halfway across the world to escape her stifling life in England. Handsome American businessman Bennett Van Cleve



represents a fresh start. But she soon realises that swapping the twitching curtains of suburbia for newlywed life in the wild mountains of Kentucky isn't the answer to her prayers. But maybe meeting Margery O'Hara is. The heart and backbone of the small community of Salt Lick, a woman who isn't afraid of anything or anyone, Margery is on a mission. Enlisting Alice along with three other women, all from very different backgrounds, to join her, the band of unlikely sisters battle the elements and unforgiving terrain – as well as brave all manner of dangers and social disapproval - to ride hundreds of miles a week to deliver books to isolated families. Transforming the lives of so many is all the impetus they need to take such risks.

We now have a display of all the books our patrons recommend. Check it out for inspiration or ask the staff to add your favourites.

# INTERESTING TRIVIA...

THE 100 FOLDS IN A CHEF'S HAT REPRESENT 100 WAYS TO COOK AN EGG.

Yes, that tall, pleated white hat that chefs wear — technically called a toque — has 100 folds for a reason!

The pleats used to signify a chef's level of experience, like the number of ways he or she knew how to prepare eggs.



# What's in a name?

Think John is a common name? Well...out of the current 18 AFL squads, each averaging over 43 players (787 blokes in total)... how many John's can you name?

There are loads of Jakes, Jacks, Josh's, Jarrod's, Jacksons, Jeremy's, Jacobs, James', and Jordan's. In fact there are 38 listed Jack/Jacksons (7 Jacks just in St Kilda) and yet there are only 4 John/Jonathon's across all the squads! A BIT OF FOOTY TRIVIA FOR THE 2020 FOOTY SEASON



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