WORM FARMS

What is an in-ground worm farm?

An in-ground worm farm is a simple way to recycle food scraps directly in the garden. Worms break down organic waste, creating nutrient-rich castings that improve soil health and support plant growth. The worms also tunnel through the soil, helping to improve aeration, water infiltration and root development. The benefits are numerous, including reducing household waste, producing natural fertiliser, improving soil structure, increasing moisture retention and encouraging healthy root growth.

How To Set Up

- Select an accessible location near plants that will benefit from additional nutrients.
- Dig a hole slightly larger than the feeding station, leaving only 3-5 cm above ground level.
- Place the station in the hole and backfill around it with soil.
- Add bedding material such as worm castings, soaked shreeded cardboard and wet newspaper.
- Add composting worms to accelerate the composting process.
- Cover with damp newspaper, replace the lid, and water the surrounding soil.
- Allow the worms to settle before gradually adding scraps such as veggies, tea bags, coffee grounds, paper, tissues, natural fibre clothing, animal and human hair.
- Avoid citrus peels, onion, garlic, dairy and meat



In-ground worm farms are an easy, low-maintenance way to reduce waste, improve soil health and support sustainable living in Exmouth.